



# Kids Dental Specialists

## GUIDELINES for PARENTS

Dear Parents:

You may choose to accompany your child in the dental operatories. Although we sense that some children will do better without their parents present, we encourage parents to be in the room with their children, especially for children under the age of 3.

If you choose to be present in the room, we suggest the following guidelines to help us create a positive dental experience for your child:

1. Allow us to prepare your child so DO NOT tell them exactly what we will do
2. Be supportive of our practice's terminology and usage of words:
  - We may say “sleepy juice” instead of “shots”, or say pillows instead of mouth props, etc.
3. Please be a silent observer-- support you child by touching and NOT talking
  - This allows us to maintain direct communication with your child
  - Children will normally listen to their parents instead of us so we want to make sure they hear and understand our instructions and guidance
4. Some children behave better when their parents are not in the room, but if you are asked to step outside, please walk away until the doctor request that you come back inside the room. You may look into our class doors to have visibility of your child at all times.
  - Some children will try to control the situation by being uncooperative
  - "Acting out" is a child's way of telling us that they do not want treatment but excessive movement can physically harm them during the procedures
  - We will continue to listen, be patience and support your child during the dental visit because we want to prevent any injuries.

We do not use papoose board or physical restraints devices in our office. However, these are important ways that you can actively help in making your child's visit a success. We are confident that your child will have a pleasant experience and we hope that these guidelines will help prepare you with confidence for the upcoming dental appointments. Thank you.

### **Kids Dental Specialists**

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